



# TOPIC MIND MAP :

## 1. FREE TIME AND HOBBIES

**Aptis General**

## VOCABULARY

Get together with friends  
Have a party/barbecue/ picnic  
Have fun  
Have a sleep over  
Go to a pub/nightclub  
Go for a walk  
Go to a concert/gig  
Go jogging  
Go out with friends  
Go to a party  
Hang out with friends  
Eat out  
Spend time with family

Camping	Bird watching	Acting
fishkeeping	Painting	Ballet
Cooking	Reading poetry	Pottery
Dancing	Coin collecting	Chess
Go-karting	Knitting	Gardening
Gymnastics	Playing video games	
Hunting	Playing board games	
Fishing	Playing poker	

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## Why are hobbies important?

### Hobbies can be:

- something you like to do
- a way to relax
- Something you want to learn
- A way to overcome shyness
- A source of income
- A way to keep fit
- A way to make new friends

### Hobbies help us to:

- reduce stress
- Enrich our lives
- socialise regularly
- Increase our self – esteem
- fight boredom
- Have fun
- enjoy life
- make new friends
- unwind after school/work
- relax/chill out